



Marlette Jr./Sr. High School
Lunch Menu October 9 – October 13, 2017

A full student lunch includes a choice of entrée supplying protein and grain, and fruit and vegetable side dishes.
 Milk choice includes 1% white and skim chocolate.

A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
American Classics	Orange Chicken Stir Fry w/ Steamed Brown Rice Mixed Vegetable Melody Cinnamon Sugar Breadstick	Spaghetti with Italian Meat Sauce Garlic Toast Green Beans	Mashed Potato & Chicken Bowl w/Whole Grain Dinner Roll Tender Green Beans	BBQ Shredded Pork on Bun Potatoes Au Gratin Warm Baked Apple Slices	Beef Meatballs w/Gravy Mashed Potatoes Whole Grain Dinner Roll Seasoned Peas & Carrots
Grilled	Whole Grain Turkey Corn Dog American Cheeseburger Oven Baked Potato Wedges	Whole Grain Chicken Nuggets w/Whole Grain Dinner Roll American Cheeseburger Tater Tots	Beef Hot Dog on Bun American Cheeseburger Curly Fries	Bacon Cheeseburger Spicy Chicken Sandwich Baked Crinkle Fries	American Cheeseburger Crispy Chicken Patty Tater Tots
2Mato	Bosco Sticks w/ Pizza Sauce Classic Pepperoni Pizza	Hawaiian Pizza Classic Pepperoni Pizza	Italian Sausage Pizza Classic Pepperoni Pizza	Bosco Sticks w/ Pizza Sauce Classic Pepperoni Pizza	Beef Taco Pizza Classic Pepperoni Pizza
On The Go	Crispy Chicken Salad w/Cheese Whole Grain Dinner Roll Turkey Ranch Wrap w/ Cheddar Cheese & Bacon Strawberry Parfait w/ Granola	Crispy Chicken Caesar Salad w/Whole Grain Dinner Rolls Turkey, Ham, & Cheese Sub Strawberry Parfait w/Granola	Mixed Green Salad w/Cheese Whole Grain Dinner Rolls Hummus Dip w/ Veggies & Bread Peach Parfait w/ Granola	Popcorn Chicken Salad w/ Whole Grain Dinner Roll Turkey, Cheese, & Lettuce Sub Berry Parfait w/ Granola	Strawberry Chicken Salad w/Whole Grain Dinner Rolls Turkey BLT Wrap Strawberry Parfait w/Granola
Sono	Beef Taco Filling Tortilla Chips/Flour Tortilla Cheese Sauce/ Shredded Cheese Refried Beans Brown Rice Assorted Toppings	Fajita Style Chicken Totrilla Chips/ Flour Tortilla Cheese Sauce/ Shredded Cheese Golden Corn Brown Rice Assorted Toppings	Beef Taco Filling Tortilla Chips/Flour Tortilla Cheese Sauce/ Shredded Cheese Refried Beans Brown Rice Assorted Toppings	Fajita Style Chicken Totrilla Chips/ Flour Tortilla Cheese Sauce/ Shredded Cheese Golden Corn Brown Rice Assorted Toppings	Beef Taco Filling Tortilla Chips/Flour Tortilla Cheese Sauce/ Shredded Cheese Refried Beans Brown Rice Assorted Toppings
Extra Extra	Chopped Romaine Lettuce Fresh Cherry Tomatoes Fresh Broccoli Floretes Fresh Red Apple Chilled Mandarin Oranges	Chopped Romaine Lettuce Marinated Tomato & Cucumber Salad Fresh Celery Sticks Red Seedless Grapes Pineapple Tidbits	Chopped Romaine Lettuce Sliced Cucumbers Fresh Baby Carrots Banana w/ Cinnamon & Sugar Chilled Pears	Chopped Romaine Lettuce Fresh Cauliflower Floretes Power Peas Watermelon Cubes Tropical Fruit Cocktail	Chopped Romaine Lettuce Fresh Cherry Tomatoes Sliced Cucumbers Fresh Orange Wedges Chilled Peaches

This institution is an equal opportunity provider.

Menu Subject To Change Without Notice.

Price: \$2.60, \$ 0.40 reduced*, free* (*if qualified)

No advance registration necessary! All students are welcome every day!

To learn more about Chartwells go to www.EatLearnLive.com

Questions or comments? Please call Stacy Moyer, Foodservice Director at 989-635-7425 ext. 44902