



**Marlette Jr./Sr. High School  
Lunch Menu April 9 – April 13, 2018**

A full student lunch includes a choice of entrée supplying protein and grain, and fruit and vegetable side dishes.  
Milk choice includes 1% white and skim chocolate.

A cold vegetable and fruit bar is available daily which features a variety of vegetables and fruits.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>American Classics</b>	General Tso's Chicken w/ Steamed Brown Rice Mixed Vegetable Medley Cinnamon Sugar Breadstick	Spaghetti with Italian Meat Sauce Garlic Toast Green Beans	Turkey & Gravy w/Whole Grain Biscuit Mashed Potatoes Green Beans	Boneless Chicken Wings Baked Beans Potatoes Au Gratin Warm Breadstick	Beef Meatballs w/Gravy Mashed Potatoes Whole Grain Dinner Rolls Seasoned Peas & Carrots
<b>Grilled</b>	Whole Grain Turkey Corn Dog American Cheeseburger Oven Baked Potato Wedges	Whole Grain Chicken Nuggets w/Whole Grain Dinner Roll American Cheeseburger Tater Tots	Hot Dog on Bun American Cheeseburger Curly Fries	Bacon Cheeseburger Spicy Chicken Sandwich Baked Crinkle Fries	American Cheeseburger Crispy Chicken Patty Tater Tots
<b>2Mato</b>	Bosco Sticks w/ Pizza Sauce Classic Pepperoni Pizza	Hawaiian Pizza Classic Pepperoni Pizza	Italian Sausage Pizza Classic Pepperoni Pizza	Bosco Sticks w/ Pizza Sauce Classic Pepperoni Pizza	Veggie Lover's Pizza Classic Pepperoni Pizza
<b>On The Go</b>	Crispy Chicken Salad w/Cheese and Whole Grain Dinner Roll Turkey Ranch Wrap Strawberry Parfait w/ Granola	BBQ Chicken Salad w/Whole Grain Dinner Rolls Turkey, Ham, & Cheese Sub Berry Parfait w/Granola	Popcorn Chicken Salad w/ Whole Grain Dinner Roll Hummus Dip w/ Veggies & Bread Stawberry Parfait w/ Granola	Mixed Green Salad w/ Whole Grain Dinner Rolls Turkey, Cheese, & Lettuce Sub Berry Parfait w/ Granola	Crispy Chicken Salad w/Whole Grain Dinner Roll Turkey BLT Wrap Strawberry Parfait w/Granola
<b>Sono</b>	Beef Taco Filling Tortilla Chips/Flour Tortilla Cheese Sauce Refried Beans Assorted Toppings	<b>Baked Potato Bar</b> Chili Baked Potato Cheese Sauce Steamed Broccoli Assorted Toppings Dinner Rolls	Fajita Style Chicken Tortilla Chips/ Flour Tortilla Cheese Sauce Golden Corn Assorted Toppings	<b>Sandwich Bar</b> Deli Turkey & Deli Ham Fresh Baked Sandwich Roll Sliced Cheese Assorted Toppings Baked Crinkle Fries	Beef Taco Filling Tortilla Chips/Flour Tortilla Cheese Sauce Refried Beans Assorted Toppings
<b>Extra Extra</b>	Chopped Romaine Lettuce Sliced Tomatoes Fresh Broccoli Floretes Apple Juice Chilled Fruit Cocktail	Chopped Romaine Lettuce Marinated Tomato & Cucumber Salad Fresh Celery Sticks Red Seedless Grapes Pineapple Tidbits	Chopped Romaine Lettuce Sliced Cucumbers Fresh Baby Carrots Chilled Pears Apple Juice	Chopped Romaine Lettuce Fresh Cauliflower Florets Power Peas Red Delicious Apple Tropical Fruit Cocktail	Chopped Romaine Lettuce Sliced Tomatoes Sliced Cucumbers Fresh Orange Wedges Apple Juice

**This institution is an equal opportunity provider.**

*Menu Subject To Change Without Notice.*

**Price:** \$2.60, \$ 0.40 reduced\*, free\* (\*if qualified)

No advance registration necessary! All students are welcome every day!

To learn more about Chartwells go to [www.EatLearnLive.com](http://www.EatLearnLive.com)

**Questions or comments?** Please call Stacy Moyer, Foodservice Director at 989-635-7425 ext. 44902

**Marlette Jr./Sr.High School Breakfast Menu April 2018**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast Pizza	English Muffin w/ Sausage, Egg & Cheese	Breakfast Pizza	Mini Cinnamon French Toast Sticks	Bagel w/ Sausage, Egg & Cheese
Muffin & String Cheese	Muffin & String Cheese	Muffin & String Cheese	Muffin & String Cheese	Muffin & String Cheese
Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup	Pop-Tart w/ Strawberry Yogurt Cup
Breakfast Parfait	Breakfast Parfait	Breakfast Parfait	Breakfast Parfait	Breakfast Parfait
Banana Chocolate Chunk Bar	Banana Chocolate Chunk Bar	Banana Chocolate Chunk Bar	Banana Chocolate Chunk Bar	Banana Chocolate Chunk Bar
Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese	Assorted Cereal Bars & String Cheese
Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal
Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese
Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice	Assorted 100% Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Chilled 1% White or Skim Chocolate Milk	Chilled 1% White or Skim Chocolate Milk	Chilled 1% White or Skim Chocolate Milk	Chilled 1% White or Skim Chocolate Milk	Chilled 1% White or Skim Chocolate Milk

**Students who are eligible for free or reduced lunch also qualify for breakfast!**

Paid Breakfast \$1.60

Reduced Breakfast \$0.30

Free Breakfast - No Charge

Breakfast Served Daily in the Cafeteria at 7:30 a.m.- 8:06 a.m.

**Apply for Free and Reduced Meals anytime during the school year.**

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**School Breakfast Makes a Difference.**

Does your child miss breakfast in the morning, either because they have no time or simply aren't hungry first thing in the morning?

Here's a solution:

**School Breakfast!**

Did you know that school breakfast ...

\*Helps your student perform better on tests

\*Improves math test scores

\*Improves concentration and memory

\*Provides a quarter of your student's daily nutrition needs

Breakfast at school is also affordable! It's available daily for all students and if you qualify for free or reduced price lunch; you also qualify for breakfast.

Encourage your child to join us every day for school breakfast.

**Stacy Moyer, Director of Dining Services Phone: 989-635-7425 ext 44902**